



Ballymoney United Youth Academy

Secretary: Zara Drain

3 Downview Drive

Ballymoney

County Antrim

BT53 6AF

Tel: 07510075765

Email: info@ballymoneyyouthacademy.co.uk

First Aid Policy

It is the Club's policy to provide first aid support if someone is injured or becomes unwell at or during a football event including matches and training. The primary objective of this policy is to ensure that someone trained in basic first aid skills (to at least FA Emergency Aid) is available to attend an incident and has the necessary equipment to hand.

All teams must have a First Aider present at all matches from U6 -Youth. Accidents requiring First Aid can occur at any age.

The First Aider must have, look after and keep stocked a properly equipped First Aid Bag kept stocked with the minimum items listed below. This list is not exclusive or inclusive. We would like to develop a standard basic First Aid kit specification which individual First Aiders are welcome to add to as long as items fall within what they can reasonably use within approved FA Emergency First Aid procedures.

All Managers/Coaches must also have First Aid Bag with them at all training sessions.

At least one manager/coach/ parent helper who is First Aid Trained must be at every training session. This will normally be the Coaches.

All accidents that need first aid treatment must be recorded in club accident form and a copy must be sent to club secretary as soon as possible after accident.



Ballymoney United Youth Academy

Secretary: Zara Drain

3 Downview Drive

Ballymoney

County Antrim

BT53 6AF

Tel: 07510075765

Email: info@ballymoneyyouthacademy.co.uk

First Aid Kit Contents Check List

General Items		Qty Required	Kit 1 Check	Kit 2 Check	
Essential Items	Scissors	1			
	Pen & Notebook	1			
	Fresh Plain Water	1			
	Ice Cooling Spray	1			
	Bacterial Hand cleaner	1			
	Plastic gloves	1			
	Resuscitation protectors	1			
	Sterile Wipes to clean round wounds	10			
	Instant Cold Ice Packs	1			
	Waste Disposal Bags	1			
	Adhesive sticking plasters (various sizes)	10			
	Cotton wool	1			
	Adhesive Tape	1			
	Aluminum Foil heat retaining Blanket	1			
	Safety Pins	6			
	List of contents	1			
	Bandages				
	Conforming Bandage 7.5cmx4m	1			
	Conforming Bandage 12cmx12cm	1			
	Conforming Bandage 18cmx18cm	1			
	Support Bandages				
	Crepe Bandage 5cmx4.5m	3			
	Crepe Bandage 7.5cmx4.5m	1			
	Triangular bandages	2			
	Sealed sterile Dressings				
	Large Wound Dressing 18cmx18cm	1			
	Medium Wound Dressing 12cmx12cm	1			
Small Wound Dressing 7.5cmx10cm	2				

CheckedBy(PrintName)	Signed	Date

Note: Bandages and dressing dimensions are approximate and quantities are shown as a guide. The First Aid kit must be checked monthly or following the use of any items. The contents must be checked for correct quantities, cleanliness, sterility (no broken seals), expiry dates and restocked as appropriate. The team first aider is responsible for ensuring these checks are performed. Any new stock required should be ordered via the appropriate Purchasing & Kit Manager. Please